S and ripples are seen below shallow wavy water and are formed whenever water oscillates over a bed of sand. Here we analyse the instabilities that can upset this perfect pattern when the ripples are subjected to large changes in driving amplitude or frequency, causing them to deform both parallel and transverse to their crests. Our results reveal new pattern-forming instabilities in granular matter exposed to fluid flow with strong vorticity.

The formation of normal ripple patterns is driven by the ‘separation zones’ (regions with reversed flow) created in the troughs between ripple crests. The wavelength of the ripples is set by the size of these zones, which is roughly proportional to the amplitude of the fluid oscillations and is independent of the frequency. For a typical driving of amplitude 2.8 cm and frequency 0.5 Hz, for example, a ripple pattern with wavelength close to 4.0 cm is formed.

To investigate ripple patterns, we placed a thick layer of sand (spherical glass beads of diameter 250–350 μm) on a 0.6 m × 1 m tray inside a large, closed, stationary water tank with a transparent top lid, and pulled the tray back and forth sinusoidally. We started with completely regular patterns formed by pressing down a mould in the flat bed and then running the system for a short time with an amplitude ‘commensurate’ with the impressed ripple wavelength.

We ‘frustrated’ these perfect patterns by suddenly changing the amplitude or frequency of the oscillations. When these changes are not too large, periodic ripple patterns are stable. For example, for a frequency of 0.67 Hz, ripples of wavelength 4.2 cm are stable for driving amplitudes between 2.4 and 3.4 cm. But when the driving amplitude or frequency is quenched beyond some threshold, three distinct short-wavelength instabilities occur.

First, if the driving amplitude is increased sufficiently, the ripple crests distort along and transverse to the original ripples, and the pattern of compressed and ‘bulging’ regions forms a checkerboard tilted by 45° (Fig. 1a). As the deformations grow, dislocations occur until finally a new periodic ripple pattern with a larger wavelength is formed. Second, if the transition is reversed by decreasing the amplitude sufficiently, the pattern ‘doubles’ through the generation of small ripples between each of the original ones (Fig. 1b). Here, the separation zones become so small that they do not reach the troughs between the ripples. After the doubling, the wavelength of the system is now both small and the final state is reached through a bulging instability. Third, if the driving frequency is increased sufficiently, the ripples become unstable to the formation of stationary ‘pearls’ in the troughs between the ripples, which again form a tilted pattern (Fig. 1c). Unlike bulging and doubling, pearl saturation and disappears reversibly when the frequency is decreased.

Although our system superficially resembles other classic pattern-forming systems such as Rayleigh–Benard convection, the transition scenarios described here have not been seen before. We believe that the theory of these instabilities must start with the separation zones, which have the shape of cylindrical vortices along the ripple troughs. These might be prone to instabilities like the Rayleigh–Plateau ‘sausage’ instability (which may lead to bulging), or the centrifugal instability that gives rise to Taylor vortices whose axes are transverse to the cylinder (which may lead to pearl formation).


Palaeoanthropology

Did our ancestors knuckle-walk?

All African apes walk on their knuckles. There is no evidence for this behaviour in the earliest hominids, however, which conflicts with molecular evidence suggesting that chimpanzees are more closely related to humans than to gorillas. On the basis of a multivariate analysis of four traits of the proximal wrist joint, Richmond and Strait claim that African apes and early hominids do share a common knuckle-walking ancestor. I propose that these traits are not uniquely associated with knuckle-walking and question the basis of their conclusion. It is still possible that no human ancestor knuckle-walked and that this behaviour evolved independently in different species.

Although such an ancestor would counter objections to an exclusive human–chimpanzee clade, it would not prove that knuckle-walking evolved only once in the ancestry of African apes and...